



EYFS Steps in Faith

Steps in Faith has been designed to help you deepen your faith and live out the teachings of Christ in your daily life. Throughout the Spring Term, there are eight activities for you to complete, each offering an opportunity to grow in your relationship with God and reflect His love in your actions. They are linked to Catholic Social Teachings (CST) and virtues. These activities are intended to be completed as a family or friendship group, developing your faith in the community. As you complete each activity, take time to reflect on how you can embody Christ's example and share His love with others.

Complete three activities for a bronze certificate, five for a silver certificate, and eight for a gold certificate.

Create Easter Finger Print Art CST: Dignity Virtue: Joy Reflection: Reflect on how everyone is unique, and deserves to be treated with respect.	Pray before Bed Every Night for a Week CST: Peace Virtue: Faith Reflection: Talk about how prayer helps us talk to God.	Design a Saint Superhero Badge showing their gifts and qualities CST: Human Dignity Virtue: Courage Reflection: The saints used their gifts to serve God and others. What special gifts has God given you?	Make a New Friend CST: Solidarity Virtue: Kindness Reflection: Reflect on playing with others can help everyone feel included.
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Visit a park and look for signs of God's Creation. CST: Care for Creation Virtue: Gratitude Reflection: God created a beautiful world for us to enjoy and protect. What did you discover that shows the wonder and beauty of God's creation?	Light a Candle and Pray for the Poor at Church CST: The Option for the Poor. Virtue: Faith Reflection: Reflect on how help those with less than us.	Help Your Family to Set the Dinner Table CST: Dignity of work and participation Virtue: Responsibility Reflection: Reflect on how helping at home is part of our responsibilities to each other.	Create an Easter Garden showing the empty tomb, flowers, and signs of new life. CST: Care for Creation Virtue: Hope Reflection: The empty tomb shows us that Jesus is alive. How does Easter remind us that God brings new life and hope
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Draw a picture of Jesus Feeding the Five Thousand (John 6:1-14) CST: Common Good Virtue: Joy Reflection: Reflect on how Jesus helps others and how we can help make our world a better place.	Learn and Say the "Agnus Dei" (Lamb of God) CST: Peace Virtue: Faith Reflection: Reflect on how the "Agnus Dei" calls us to acknowledge Jesus as the Lamb of God who takes away the sins of the world.	Make a thank you card for someone who has helped you. CST: Solidarity Virtue: Gratitude Reflection: Reflect on how showing appreciation and gratitude builds a stronger, kinder community	Plant a seed and care for it. CST: Stewardship of Creation Virtue: Stewardship Reflection: Reflect on how we are responsible for taking care of God's creation, and how the earth grows and flourishes when we nurture it.
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Learn the Hail Mary. CST: Peace Virtue: Faith Reflection: Reflect on how prayer can bring us closer to God and help us pray for peace in our hearts and the world.	Make your bed every day for a week. CST: Dignity of work and participation Virtue: Responsibility Reflection: Reflect on how helping at home is part of our responsibilities to each other.	Donate to a food bank. CST: The Option for the Poor and Vulnerable Virtue: Generosity Reflection: Reflect on how helping those who are poor or in need is a way to share God's love.	Make a Jubilee candle. CST: Solidarity Virtue: Faith Reflection: Think about how the Jubilee Year is a special time for Catholic's to come together in faith.
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Create a Poster about the Parable of the Lost Sheep (Luke 15:3-7) CST: Dignity of the Human Person Virtue: Joy Reflection: Reflect on how God values each one of us, even when we make mistakes, and how we should welcome others with joy and love.	Visit an Elderly Person or Neighbour CST: Solidarity Virtue: Kindness Reflection: Reflect on how showing kindness to others, especially those who are lonely or in need, is a way of building a caring community.	Create a "Thank You" Jar for Kindness CST: Solidarity Virtue: Gratitude Reflection: Reflect on how saying thank you helps build strong, loving relationships, and how we can create a community of kindness and appreciation.	Help Clean Up Your Garden CST: Stewardship of Creation Virtue: Responsibility Reflection: Reflect on how we have a responsibility to take care of God's creation, keeping the world clean and beautiful for everyone to enjoy.
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Learn and Say the Gloria CST: Peace Virtue: Faith Reflection: Reflect on how the "Gloria" is a joyful song of praise that gives glory to God for His goodness and peace. This prayer reminds us to give thanks to God for the blessings of life and to seek peace through His presence.	Learn and Say the "Glory Be" Prayer CST: Peace Virtue: Faith Reflection: Reflect on how prayer, like the "Glory Be," helps us stay connected to God and ask for peace in our lives and the world.	Donate Clothes or Toys to Charity CST: The Option for the Poor and Vulnerable Virtue: Generosity Reflection: Reflect on how giving to others who are in need is a way to share the love God has given us, and how small acts of generosity can make a big impact.	Create a Miniature Mercy Garden to Celebrate the Jubilee Year CST: Solidarity Virtue: Faith Reflection: Reflect on how the Jubilee Year invites us to forgive and show mercy, and how planting a garden symbolises growth, healing, and renewal.
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Create a painting of the Beatitudes (Matthew 5:3-12) CST: Common Good Virtue: Joy Reflection: Reflect on how the Beatitudes teach us to live humbly and to care for others.	Donate an item of clothing to charity. CST: The Option for the Poor and Vulnerable Virtue: Generosity Reflection: Reflect on how we are called to help those in need, whether by donating or giving our time. Think about how small acts of generosity can make a big difference.	Create a Kindness Calendar for the Month CST: Solidarity Virtue: Kindness Reflection: Reflect on how showing kindness to others each day helps build a stronger, more supportive community. Create a kindness calendar where each day features a new act of kindness	Create a "Job Chart" for Your Family CST: Dignity of Work and Participation Virtue: Responsibility Reflection: Reflect on how each task, big or small, is important and contributes to the well-being of the family. Talk about how we all have responsibilities that help others and make our homes a better place.
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Create a Play-Doh or Clay Sculpture of an Old Testament Story CST: Peace Virtue: Joy Reflection: As you shape the figures and scenes, reflect on the importance of peace in God's plan. Think about the stories of peace in the Bible, such as how God brought peace to His people through leaders like Moses or David, or how He promised peace and safety through His covenants.	Create a Nature Journal to Record Local Wildlife or Plants CST: Stewardship of Creation Virtue: Stewardship Reflection: Reflect on how we are called to care for God's creation. Think about how each plant and animal plays a role in the ecosystem and how we can be responsible stewards of the Earth by learning more about it and protecting it.	Learn and Reflect on the "Act of Contrition" Prayer CST: Dignity of the Human Person Virtue: Faith Reflection: Reflect on how asking for forgiveness helps restore our relationship with God and others.	Design a Poster for the Parable of the Prodigal Son (Luke 15:11-32) to promote forgiveness in the Jubilee Year. CST: Dignity of the Human Person Virtue: Forgiveness Reflection: Reflect on how God welcomes us back with open arms, even when we make mistakes. Reflect on how we can practice forgiveness in our own lives.
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Design a "Kingdom of God" collage (Matthew 13:31-32) CST: Common Good Virtue: Joy Reflection: Reflect on how something small and humble, like a mustard seed, can grow into something great. Consider how we can contribute to building God's Kingdom in our world through small acts of kindness and joy.	Create a Self-Portrait with a Positive Affirmation CST: Dignity of the Human Person Virtue: Joy Reflection: Reflect on how each person is created with special gifts and talents, and how we should respect and appreciate the uniqueness of others. Discuss how we can treat each other with dignity and kindness, as everyone is made in God's image.	Organise a Kindness Challenge CST: Solidarity Virtue: Kindness Reflection: Organise a Kindness Challenge at home, where you encourage your family members to complete small acts of kindness, such as helping with chores, complimenting each other, or sharing something special. Reflect on how these simple actions can bring the family closer together, making your home a more caring and loving place.	Plan and Cook a Family Meal Together CST: Dignity of Work and Participation Virtue: Responsibility Reflection: Reflect on how working together in the kitchen mirrors how we work in society—everyone has an important role that contributes to the outcome. Talk about the responsibility we have to share tasks and support each other, and how it builds a stronger family dynamic.
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Learn and Say the "Penitential Act" CST: Peace Virtue: Face Reflection: Reflect on how the "Penitential Act" reminds us to acknowledge our sins and seek God's forgiveness. This prayer helps us open our hearts to God's mercy, as we seek to turn away from wrong and grow closer to Him.	Do a Sponsored Event to Raise Money for a Local Food Bank CST: The Option for the Poor and Vulnerable Virtue: Generosity Reflection: Organise a sponsored event, such as a sponsored walk, run, or even a sponsored reading challenge, to raise money for a local food bank. Reflect on how small efforts, like raising funds or collecting food, can help support people in need.	Participate in the BBC Garden Bird Watch CST: Stewardship of Creation Virtue: Stewardship Reflection: Reflect on how by recording and observing birds, we are learning more about the importance of each species to the ecosystem.	Create a Jubilee Year Peace Poster CST: Solidarity Virtue: Faith Reflection: Reflect on how the Jubilee Year is an invitation to show mercy and come together in peace as a community. Discuss how these symbols remind us of God's love and mercy, and how we can live these values in our daily interactions.
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Create Artwork of Jesus Calming the Storm (Mark 4:35-41) CST: Peace Virtue: Hope Reflection: Reflect on how Jesus brought peace to the disciples when they were afraid and how he can bring peace into our hearts in times of fear or uncertainty.	Write a Poem About What Makes You Unique CST: Dignity of the Human Person Virtue: Joy Reflection: Reflect on how everyone has different qualities that make them valuable and how we should appreciate and respect each person for who they are.	Write a Letters of Encouragement to Someone Who is ill. CST: Solidarity Virtue: Kindness Reflection: Reflect on how this act of kindness helps to build a caring community by showing solidarity with people who are going through difficult times.	Organise a "Helping Hands" Day CST: Dignity of Work and Participation Virtue: Responsibility Reflection: Plan a "Helping Hands" day where you and your family choose simple tasks to help others, like helping someone in need with their chores. Reflect on how even small tasks make a big difference when everyone works together, and how helping others is part of our responsibility to make the world a better place.
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Learn and Say the "Apostles' Creed" CST: Peace Virtue: Faith Reflection: Reflect on how the "Apostles' Creed" is a summary of our faith, affirming our belief in God, Jesus Christ, and the Holy Spirit.	Create a Care Package for a Homeless People CST: The Option for the Poor and Vulnerable Virtue: Generosity Reflection: Reflect on how a small act like packing a care package can make someone feel cared for and valued. Discuss how Jesus asks us to care for the poor and vulnerable by helping in practical ways, even through simple gestures of generosity.	Plant a Tree CST: Stewardship of Creation Virtue: Responsibility Reflection: Reflect on how by planting trees, we contribute to the beauty and health of the Earth.	Organise a Forgiveness Picnic with Family CST: Solidarity Virtue: Faith Reflection: Host a Forgiveness Picnic where everyone is encouraged to share stories of times they've had to forgive someone, or be forgiven. As you share, reflect on how the Jubilee Year is a time for reconciliation and healing.
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Paint a Scene from the Sermon on the Mount (Matthew 5:1-12) CST: Common Good Virtue: Joy Reflection: Reflect on how Jesus' words encourage us to live humbly, with a heart for peace, mercy, and righteousness. Think about how these Beatitudes can guide you in your everyday life and help you bring joy to others through your actions.	Design a "Dignity of All" Poster CST: Dignity of the Human Person Virtue: Joy Reflection: Design a poster that celebrates the dignity of all people. Reflect on how the world can be a better place when we treat everyone with respect, no matter their differences.	Organise a Compliment Chain in Your School CST: Solidarity Virtue: Kindness Reflection: Start a Compliment Chain where each student gives a genuine compliment to someone else. Reflect on how giving compliments boosts others' spirits and fosters an atmosphere of kindness and mutual respect in your school.	Volunteer to help CST: Dignity of Work and Participation Virtue: Responsibility Reflection: Choose a cause or group you care about, like cleaning the chickens, supporting the kitchen, or assisting a neighbour. Reflect on how taking responsibility to help others is important for building a kind and strong community.
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Learn and Say the "Nicene Creed" CST: Peace Virtue: Hope Reflection: Reflect on how the "Nicene Creed" expresses our deep belief in the Church as a community of faith.	Organise a Warmth Donation Drive CST: The Option for the Poor and Vulnerable Virtue: Generosity Reflection: Organise a collection drive in your school or community for warm clothing, such as hats, gloves, scarves, and jackets. These items can be donated to local shelters or families in need. Reflect on how we can all help people stay warm in the colder months.	Create a Local Wildlife Protection Plan CST: Stewardship of Creation Virtue: Stewardship Reflection: Research the wildlife in your local area and identify what species are at risk or need more protection. Reflect on how our actions can make a significant impact on preserving God's creation.	Write a Letter of Reconciliation for the Jubilee Year CST: Solidarity Virtue: Faith Reflection: Reflect on how the Jubilee Year is a time for renewing relationships through reconciliation and mercy, and how our actions of kindness and forgiveness reflect God's love.
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Year 6 Steps in Faith

Steps in Faith has been designed to help you deepen your faith and live out the teachings of Christ in your daily life. Throughout the Spring Term, there are eight activities for you to complete, each offering an opportunity to grow in your relationship with God and reflect His love in your actions. These activities are intended to be completed as a family or friendship group, developing your faith in the community. As you complete each activity, take time to reflect on how you can embody Christ's example and share His love with others. Complete three activities for a bronze certificate, five for a silver certificate, and eight for a gold certificate.

Paint a Scene from the Sermon on the Mount (Matthew 5:1-12) CST: Common Good Virtue: Joy Reflection: Reflect on how Jesus' words encourage us to live humbly, with a heart for peace, mercy, and righteousness. Think about how these Beatitudes can guide you in your everyday life and help you bring joy to others through your actions.	Design a "Dignity of All" Poster CST: Dignity of the Human Person Virtue: Joy Reflection: Design a poster that celebrates the dignity of all people. Reflect on how the world can be a better place when we treat everyone with respect, no matter their differences.	Organise a Compliment Chain in Your School CST: Solidarity Virtue: Kindness Reflection: Start a Compliment Chain where each student gives a genuine compliment to someone else. Reflect on how giving compliments boosts others' spirits and fosters an atmosphere of kindness and mutual respect in your school.	Volunteer to help CST: Dignity of Work and Participation Virtue: Responsibility Reflection: Choose a cause or group you care about, like cleaning the chickens, supporting the kitchen, or assisting a neighbour. Reflect on how taking responsibility to help others is important for building a kind and strong community.
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Learn and Say the "Nicene Creed" CST: Peace Virtue: Hope Reflection: Reflect on how the "Nicene Creed" expresses our deep belief in the Church as a community of faith.	Organise a Warmth Donation Drive CST: The Option for the Poor and Vulnerable Virtue: Generosity Reflection: Organise a collection drive in your school or community for warm clothing, such as hats, gloves, scarves, and jackets. These items can be donated to local shelters or families in need. Reflect on how we can all help people stay warm in the colder months.	Create a Local Wildlife Protection Plan CST: Stewardship of Creation Virtue: Stewardship Reflection: Research the wildlife in your local area and identify what species are at risk or need more protection. Reflect on how our actions can make a significant impact on preserving God's creation.	Make an Easter Prayer Basket CST: Faith Virtue: Prayerfulness Reflection: How can prayer help us grow closer to Jesus and remember the hope and love of the Resurrection during Easter?
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