



Reception Steps in Faith

Steps in Faith has been designed to help you deepen your faith and live out the teachings of Christ in your daily life. Throughout the Spring Term, there are eight activities for you to complete, each offering an opportunity to grow in your relationship with God and reflect His love in your actions. These activities are intended to be completed as a family or friendship group, developing your faith in the community. As you complete each activity, take time to reflect on how you can embody Christ's example and share His love with others. Complete three activities for a bronze certificate, five for a silver certificate, and eight for a gold certificate.

Task: Share your favourite toy CST: Dignity Virtue: Compassion Reflection: Showing dignity means treating others with respect. How can sharing with others help them feel special and cared for?	Pray before breakfast every morning for a week CST: Peace Virtue: Faith Reflection: Talking to God helps us start the day with peace. What would you like to say thank you for?	Draw a picture of Jesus healing the blind man (John 9:1–12) CST: Common Good Virtue: Kindness Reflection: How can you show kindness to others?	Build a LEGO tower with your family CST: Solidarity Virtue: Love Reflection: Working together helps us all achieve more. How can you help someone today by working together as a team?
Date: Signature:	Date: Signature:	Date: Signature:	Date: Signature:
Turn off lights when you leave a room CST: Stewardship of Creation Virtue: Stewardship Reflection: Saving energy helps care for God's world. What else can you do to look after the planet?	Choose something from home to donate to a food bank CST: The Option for the Poor Virtue: Faith Reflection: Think of those in our community who go without the necessities they need to live with dignity. By sharing what we have, we reflect God's love and compassion in action.	Help sort socks from the laundry CST: Dignity of Work and Participation Virtue: Responsibility Reflection: By taking part in household tasks, we show care and love for those we share our home with. Small acts of service, like sorting laundry, build connections and demonstrate responsibility.	Taste a new vegetable CST: Stewardship of Creation Virtue: Gratitude Reflection: Everything we eat is a gift from God. Reflect on how you can show thanks for the good things God has made?
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Year 1 Steps in Faith

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Draw a picture of Jesus welcoming the children (Mark 10:13–16) CST: Dignity of the Human Person Virtue: Joy Reflection: Jesus showed that everyone is important. How can you help someone feel included today?	Write and say a Morning Prayer CST: Peace Virtue: Faith Reflection: How can saying this prayer help you feel peaceful and close to God?	Tidy your bedroom every day for a week CST: Solidarity Virtue: Gratitude Reflection: How can tidying up show gratitude for the people who share your home?	Create a Bird Feeder CST: Stewardship of Creation Virtue: Stewardship Reflection: Reflect on how creating a bird feeder helps care for animals by providing them with food and shelter. Think about how small actions like this contribute to protecting and nurturing God's creation.
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Set the Table for Dinner CST: Dignity of Work and Participation Virtue: Responsibility Reflection: Reflect on how each person's contribution, big or small, helps the family function smoothly.	Give a toy to a friend CST: The Option for the Poor and Vulnerable Virtue: Generosity Reflection: When we share toys, we show care and kindness to others, especially those who might not have as much.	Resolve disagreements peacefully for one week. CST: Peace Virtue: Justice Reflection: How can you work together to resolve conflicts peacefully and fairly this week?	Write a poem about kindness and share it with your family. CST: Solidarity Virtue: Kindness Reflection: Reflect on how small acts of kindness can make everyone feel cared for.
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Year 2 Steps in Faith

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Write and complete a weekly list of chores. CST: Dignity of Work and Participation Virtue: Responsibility Reflection: Reflect on how helping at home is part of our responsibilities to each other.	Create a painting of The Prodigal Son <i>(Luke 15:11-32)</i> CST: Dignity of the Human Person Virtue: Compassion Reflection: How can you show love and forgiveness?	Make a telephone call to an elderly relative. CST: Solidarity Virtue: Kindness Reflection: Reflect on how taking time to connect with someone who may feel lonely helps create a caring and supportive community. How can you brighten someone's day today with a simple call?	Water the plants in the garden. CST: Stewardship of Creation Virtue: Responsibility Reflection: Reflect on how caring for plants and nature is part of our responsibility to God's world. How can you help nature grow and flourish today?
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Write and say a prayer every morning with your family. CST: Peace Virtue: Faith Reflection: Reflect on how morning prayer can bring peace to your heart and strengthen your faith.	Make a cake for your family. CST: The Common Good Virtue: Kindness Reflection: Reflect on how sharing food with others brings joy and strengthens the community.	Donate an item to a food bank. CST: The Option for the Poor Virtue: Generosity Reflection: Reflect on how small gestures can make a big impact in someone's life. How can you help by creating something useful for others in need?	Learn a hymn and sing it with your family. CST: Faith Virtue: Solidarity Reflection: Reflect on how music can strengthen our faith and bring us closer to God.
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Year 3 Steps in Faith

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Create a collage of the story of David and Goliath (1 Samuel 17:1-50) CST: Solidarity Virtue: Faith Reflection: Reflect on how the story of David and Goliath teaches us to stand together in faith, support one another in challenges, and trust that God's strength can help us overcome any obstacle, no matter how big.	Donate a toy to a charity CST: Preferential Option for the Poor and Vulnerable Virtue: Generosity Reflection: Reflect on how we are called to help those in need by sharing what we have. Think about how donating a toy can bring joy to another child and make a big difference in their life.	Create a finger puppet inspired by the story of Jonah and the Whale CST: Peace Virtue: Hope Reflection: As you make your craft and retell the story, reflect on how Jonah found peace after the storm and trusted in God's plan.	Write a recipe including a vegetable you would like to taste CST: Stewardship of Creation Virtue: Stewardship Reflection: of God's creation and how we can be responsible stewards by taking care of the foods we eat.
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Perform a random act of kindness for someone CST: Solidarity Virtue: Kindness Reflection: Reflect on how small acts of kindness can make a big difference in someone's day.	Learn and reflect on the "Mystery of Faith" CST: Peace Virtue: Faith Reflection: Think about how recognising the mystery of faith strengthens our trust in God and His plan for us, both in our lives and in our community.	Write a reflection on what receiving Holy Communion means to you. CST: Peace Virtue: Faith Reflection: Reflect on how preparing to receive Holy Communion helps deepen our relationship with God.	Offer to wash cars in the neighbourhood CST: Dignity of Work and Participation Virtue: Responsibility Reflection: Reflect on how offering to help others through small jobs shows kindness, builds trust, and strengthens your local community.
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Year 4 Steps in Faith

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Learn and say the Preface Acclamation CST: Peace Virtue: Faith Reflection: Reflect on how the Preface Acclamation helps us praise God with joy and peace in our hearts.	Create a painting of the feeding of the 5,000 (John 6:1–14) CST: Common Good Virtue: Charity Reflection: Reflect on how we can work together and share what we have to care for others and build up the common good in our families, schools, and communities.	Create a puzzle about yourself CST: Dignity of the Human Person Virtue: Respect Reflection: Reflect on how you are a unique and important part of God's family. Decorate a puzzle piece with drawings or words that show who you are: your gifts, what you love, and how you help others.	Donate uniform to the PTA CST: The Option for the Poor and Vulnerable Virtue: Generosity Reflection: Reflect on how giving something we no longer need, like a school jumper or shoes that don't fit, can make a big difference to someone else.
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Create a family kindness tree CST: Solidarity Virtue: Kindness Reflection: Reflect on how acts of kindness can grow and spread, just like branches on a tree.	Create a bug hotel in your garden CST: Stewardship of Creation Virtue: Stewardship Reflection: Reflect on how providing a safe space for frogs or insects in your garden helps support biodiversity.	Vacuum the house every day for one week CST: Dignity of Work and Participation Virtue: Responsibility Reflection: Reflect on how showing responsibility for your tasks helps everyone in the household and makes the family stronger.	Paint and hide a kindness stone CST: Common Good Virtue: Kindness Reflection: Think about how a simple, kind act can have a big impact. When you paint a stone with a positive message and hide it for someone to find, you're offering them a moment of joy and encouragement.
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Year 5 Steps in Faith

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Decorate a mirror with words that show your worth CST: Dignity of the Human Person Virtue: Self-respect Reflection: Reflect on how you are made in the image of God and are precious and loved just as you are. Think about how the words we use to describe ourselves and others should be kind, respectful, and full of truth.	Create artwork of the Good Shepherd (John 10:11-18) CST: Peace Virtue: Hope Reflection: Reflect on how Jesus is the Good Shepherd who cares for and protects His sheep. He brings peace by guiding us, providing for us, and offering hope.	Write a family prayer and say it before bed, every night, for a week. CST: Peace Virtue: Faith Reflection: Reflect on how prayer helps us to connect with God, bringing peace to our hearts before we sleep.	Create a "Unique Me" collage CST: Dignity of the Human Person Virtue: Joy Reflection: Reflect on how each person is special and unique, created with different qualities and talents. Think about how these differences make you valuable and how we should appreciate and respect each other for who we are.
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Collect and donate used clothing for people in need CST: The Option for the Poor and Vulnerable Virtue: Generosity Reflection: Think about how Jesus asks us to care for the poor and vulnerable through simple yet meaningful actions, like offering items that might be helpful to others.	Wash the dishes for one week CST: Dignity of Work and Participation Virtue: Responsibility Reflection: Reflect on how doing household chores, like washing the dishes, helps support the family.	Create a thank you card for your teacher CST: Common Good Virtue: Gratitude Reflection: Reflect on how your teacher's efforts help create a positive learning environment for everyone in the class.	Write a prayer for your community CST: Solidarity Virtue: Faith Reflection: Reflect on how, as a community, we are called to support one another, just as Jesus did.
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Year 6 Steps in Faith

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Write a letter to Year 5 preparing them for Year 6 CST: Solidarity Virtue: Hope Reflection: Reflect on how we can support others through transitions by offering encouragement and hope.	Paint a scene from the Burning Bush (Exodus 3:1-6) CST: Common Good Virtue: Justice Reflection: Reflect on how God spoke to Moses through the burning bush, calling him to lead the Israelites to freedom. Think about how God calls each of us to do good in the world and to help others.	Write a Letter to your MP on equal opportunities for all CST: Dignity of the Human Person Virtue: Justice Reflection: Everyone is created in God's image and deserves to be treated with dignity.	Sell a toy and donate the proceeds to help a homeless charity CST: The Option for the Poor and Vulnerable Virtue: Generosity Reflection: Reflect on how helping those who are vulnerable lives out our call to serve others.
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Write thank you cards to the school chefs CST: Solidarity Virtue: Kindness Reflection: Reflect on how expressing gratitude and recognising others' efforts strengthens the community.	Plant wildflower seeds in the Community CST: Stewardship of Creation Virtue: Stewardship Reflection: Reflect on how our actions can help protect and care for the beauty of God's creation, ensuring it thrives for future generations.	Create a personal chore rota for one week CST: Dignity of Work and Participation Virtue: Responsibility Reflection: Reflect on how contributing to the household chores helps create an environment where everyone's efforts are valued and the work of others is honoured.	Create a card for a friend leaving for secondary school CST: Solidarity Virtue: Love Reflection: Create a card to show your support for a friend moving on to secondary school, expressing kindness and solidarity
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